## 180 Degrees Outline: High School Program

- The Sex Test What are some possible consequences of having sex before marriage?
  - o How many STDs are there?
    - Approx. 27
  - o Some STDs are viruses (T or F)
    - True
  - o 1 out of every 10 young adults get and STD (T or F)
    - False 1 in 4
  - o What is the most common STD?
    - HPV
  - o 1 in 10 girls get pregnant? (T or F)
    - False Roughly 1 in 4
  - o You can get all STDs from oral sex? (T or F)
    - False you can get 26 out of 27 STDs from oral sex.
  - o You can get an STD from skin to genital touching? (T or F)
    - True only 3 of them
  - o You can tell who has an STD from just looking at them? (T or F)
    - False
  - o You can get an STD from someone without symptoms? (T or F)
    - True
  - o Condoms protect 99.9% from pregnancy and STDs. (T or F)
    - False They do offer some protection but abstinence is 100% effective.
- Sex is not a negative activity but simply one that should be valued enough to wait until marriage. That will give you the greatest chance to have happy and healthy relationships which is our goal for you!
- STD pictures: non-genital
- How At Risk Are You: Sexual Exposure Chart
- How far is too far? You SHOULD set boundaries when you are in a relationship.

- Abstinence is not just about sexual intercourse but saying no to ANY sexual activity including touching private parts and oral sex. And no one should pressure you to do these activities.
- Signs of an Abusive Relationship
- Practical Pointers on Dating
- Personal Testimony on Abstinence Until Marriage

For even more information, please visit our website at <u>www.180degreestx.com</u>

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